

Community Update

We would like to thank everyone for their support re the community updates. If you have additional organisations, provisions or information to add to the community update, please contact your local Youth and Community Engagement Worker.
For additional Derbyshire Wide information, please refer to the termly Derbyshire Wide community update .

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Food banks: Erewash

Cotmanhay Community Network Pantry

Community Pantry—All welcome

Cotmanhay Childrens Centre Thursdays 11:30—13:30

0115 9443172 cotmanyhaycommunitynetwork@gmail.com

[Cotmanhay Community Network | Facebook](#)



Arena Church Foodbank Ilkeston

Food and Essentials for all

Community Hub, Mundy Street, DE7 8DH

Tuesdays & Thursdays 10:00 –15:00

0115 9444990 info@arenacommunity.co.uk

[Foodbank - Arena Community \(arenacommunity.co.uk\)](#)



Manna Food Boxes

Mannafood-boxes@gmail.com

[Affordable Food | Manna Food Boxes | Long Eaton](#)



Long Eaton and Sawley Foodbank

Sawley; 165 Wilmot St NG10 3EL Saturday 09:00—11:00

Long Eaton: Christ Church Methodist, College Street

Tues 10:00—12:00 Friday 10:00—12:00

[Long Eaton & Sawley Foodbank | Helping Local People in Crisis](#)



Kirk Hallam Community Pantry

Community Pantry

Kirk Hallam Community Hall, Kenilworth Drive

Wednesday 13:00—16:00

0115 8371380

[Kirk Hallam Community Centre | Facebook](#)



West Hallam Food Bank

West Hallam Methodist Church Fridays 10:00—11:00

07729 665754

[Food Bank | \(westhallammethodistchurch.co.uk\)](#)



The Haven Church and Community Centre Stapleford Foodbank

Foodbank—All welcome

Haven Centre, Wadsworth Road Tuesdays and Fridays 10:00—12:00

0115 8240287 opt 2 foodbank@havencentre.co.uk

[The Haven Church and Community Centre | Stapleford | Facebook](#)



St John's Church Long Eaton

Food served on Wednesdays from 12pm at John's Church Hall, Canal Street, Long Eaton



Everyone Eats

Food Bank—Must be resident in Ilkeston

Bringing people together to reduce loneliness and increase food knowledge for better

[Every One Eats - Home | Facebook](#)



Money and Welfare: Erewash

Citizens Advice

Castledine House, 5 Heanor Road, Ilkeston, DE7 8DY
Appointments. Book via Adviceline— Monday, Tuesday, Friday 09:30—13:30

0808 278 7954 Monday—Friday 09:00—16:00

[Local Citizens Advice details - Citizens Advice](#)



citizens
advice

Erewash Borough Council: Household Support Fund

The household support fund (HSF) offers help to Derbyshire residents facing financial hardship by providing grants and other financial support. The fund is provided by the Department of Work and Pensions and is mainly administered by Derbyshire County Council.

[Housing Support Grant \(erewash.gov.uk\)](#)



Erewash Borough Council: Council Tax Reduction

Council Tax Support is help towards payment of your Council Tax.

Anyone who has to pay Council Tax who is on a low income can claim Council Tax Support regardless of whether they are retired, unemployed, or in full or part-time work

Erewash Borough Council, Town Hall, Wharncliffe Road, Ilkeston, Derbyshire, DE7 5RP

0115 907 2244

[Council Tax Support \(erewash.gov.uk\)](#)



Household Support Fund

The household support fund (HSF) offers help to Derbyshire residents facing financial hardship by providing grants and other financial support. The fund is provided by the Department of Work and Pensions and is mainly administered by Derbyshire County Council.

[Housing Support Grant \(erewash.gov.uk\)](#)



Erewash Borough Council: Cost of Living

Erewash Borough Council, Town Hall, Wharncliffe Road, Ilkeston, Derbyshire, DE7 5RP

0115 907 2244

[Cost of Living \(erewash.gov.uk\)](#)



Erewash Borough Council: Discretionary Housing Payments

Housing Benefit or Housing Element of Universal Credit is not always enough for you to be able to pay your rent if there is a shortfall between the amount allowed and your rent liability. Or if you have unusual or extreme circumstances which are causing hardship you are at risk of becoming homeless, we may be able to help.

[Discretionary Housing Payments \(erewash.gov.uk\)](#)



Housing: Erewash

EMH Homes

Housing support within Erewash Area

0300 123 6000 enquiries@emhhomes.org.uk

[emh homes - Welcome - emh homes](#)



Erewash Borough Council—Housing Support

Preventing homelessness and providing temporary homes to qualifying households if they do become homeless.

0115 907 22444

[Housing \(erewash.gov.uk\)](http://Housing(erewash.gov.uk))



DHA—Direct Help and Advice Ilkeston

FREE specialist housing advice

0115 9300199

[Home - Direct Help and Advice \(dhadvice.org\)](http://Home-Direct Help and Advice(dhadvice.org))



Forces in the Community

Provides tailored employment guidance, housing advice, mental health support, counselling and benefit and welfare advice. For veterans and their families.

0115 9220320 support@forces.org.uk

[Charity Supporting Veterans | Forces in the Community](#)



P3 Charity— Ilkeston

We're a charity and social enterprise, made up of passionate people, who care about people. We run a variety of services all across the Erewash including our head office.

Head Office- Eagle House, Cotmanhay Rd, Ilkeston DE7 8HU

0115 850 8190

[Service Results - P3 \(p3charity.org\)](#) - Housing Services in Erewash.



Our Mission • Our Vision • Our Values

MISSION

We work alongside **people** to improve lives and communities, to unlock **potential** and open up new **possibilities**.

VISION

Our vision is that every person is recognised as a valued member of society where social injustice no longer exists. It's that simple!

VALUES

- We are always **friendly** and **approachable**.
- We put **people first**. We believe what we can do together will make a real and **lasting difference**.
- We are determined to tackle the problems that others won't. We go the extra mile and work with **dedication** and **commitment**.
- We work together to deliver the greatest **impact** for people.
- We are **brave, creative** and find **new solutions** to problems.

Mental Health & Emotional Wellbeing for young people: Erewash

Chat Health

A secure and Confidential NHS text messaging service ran by the School Nursing Team.

07507 330025

[Home Page - ChatHealth](#)



The Will Garvey Trust Foundation

Information and resources round support for the mental health of young people.

[Home - willgarveytrustfoundation.org.uk](http://willgarveytrustfoundation.org.uk)



Erewash Children and Young People's Mental Health and Emotional Wellbeing Network

Erewash Voluntary Action manage and coordinate the Erewash Children and Young People's Mental Health and Emotional Wellbeing Network. The network meets on a quarterly basis and is open to any organisation – community, voluntary, charities, not-for-profits and statutory - who support children and young people in Erewash.

The aims of the network are to:

Provide a supportive environment for individuals to share the services with which they are involved.

Enable the sharing of information and good practice.

Networking opportunities

Training and development

Identify gaps and duplication in services.

Identify issues affecting the delivery of services and how these may be addressed collectively.

Create a collaborative approach to promoting projects in Erewash

For further information about the network contact Cats Paterson Erewash Voluntary Action Development Worker email catriona@erewashcvs.org.uk



Erewash Mental Health Association Ltd

We seek to provide a supportive atmosphere for people experiencing and recovering from mental health problems. We offer a variety of activities such as aromatherapy, keep fit, craft, computers, relaxation and much more.

01159 308947

enquiries@touchwoodcentre.org.uk

[Erewash Mental Health Association Ltd :: Derbyshire Healthcare NHS Foundation Trust \(derbyshirehealthcareft.nhs.uk\)](#)

Erewash and Long Eaton CAHMS

Century House, 100 Nottingham Road,, Long Eaton, Derbyshire NG10 2BZ

0115 946 4568

[Century House, Long Eaton :: Derbyshire Healthcare NHS Foundation Trust \(derbyshirehealthcareft.nhs.uk\)](#)

CAMHS
Child and Adolescent
Mental Health Services

Rant and Rave Peer Support Group

A woman's only peer support group for mothers or carers of young children to get support. Every Tuesday @ St Johns church hall, Long Eaton from 9am – 11am costing £2.50/session.

07564023741 or via rantnrave19@gmail.com



Long Eaton Self Help Group

£1/session towards the tea and coffee and weekly activities, they provide support for anyone who is feeling isolated stressed or experiencing mental health issues.

St John's Church, Canal Street, Long Eaton

Tuesdays 11:30—13:30

07564023741



Long Eaton Horizon

Thursdays 10am – 1pm at the United Reformed Church, Long Eaton. Horizon is a self-help group which provides a safe space to socialise and gain peer support. This group welcomes people just to drop into the group without having to contact them first.



Ilkeston Bipolar & Personality Disorders Network

This group is held in Ilkeston and will be meeting every 1st and 3rd Tuesday of the month 12noon until 2pm, the groups aim is to support anyone with a bipolar diagnosis or a personality disorder to find friendships, support and share coping techniques.

Access to this group is via Ben ben.gough@rethink.org or 07502157029



Draycott MENTAL Wealth

Meet bi-weekly meeting on the 2nd and 4th Wednesday of the month from 7-8.30pm at the Elephant Rooms in Draycott. A group for men only, providing a place just for men to come together and share experiences and coping strategies.

Please contact the elephant rooms on 0737 546 8005



Draycott Peer Support

Meet every Monday; they meet 11.30am – 1pm upstairs at the Elephant Rooms in Draycott. They provide a safe space to talk and share experiences of mental health issues and coping techniques with each other.

Please contact the elephant rooms on 07375468005 for more info



Creative Arts Project

An arts and crafts group which meets twice weekly at the Cantelupe Centre in Ilkeston. Wednesdays 4-6pm and Thursdays 10am – 12 noon. Refreshments are available each week and the group charge a small weekly fee.

To access this group, contact the facilitator Stuart on 07719547048.



Ilkeston Self Help Group

The Ilkeston Self Help Group meet twice weekly at the Cantelupe centre in Ilkeston. Mondays and Thursdays 11am – 1pm. It's a social support group who meet and have a chat over a cuppa and biscuits and an occasional trip out.



Sawley Support Group

Mondays 10.30am – 12.30pm at Sawley Memorial/Community Hall on Draycott Road in Sawley. A social support group meeting to talk, share experiences and make new friends to help alleviate isolation over a cuppa and some biscuits with some games and crafts.



All Things a Yarn

Draycott – Held at the Elephant Rooms in Draycott. On the 1st and 3rd Wednesday of the month 6pm – 7:30pm. A knitting group for beginners to advanced. So come along and join in and learn from each other.

To join please contact the elephant rooms on 07375468005



Better Ways to better days

Draycott – Held at the Elephant Rooms. On the first Tuesday of the month 2pm – 4pm. This is for people living with chronic pain, long term illness, physical disability or invisible illness.

To attend please contact the Elephant rooms on 07375468005



Walk for Wellbeing

Draycott - 10am-12pm from the Elephant Rooms in Draycott. The 1st and 3rd Sundays are men only and the 2nd Sunday is a mixed group. All led by a Walk Derbyshire qualified walk leader. F

or more information, please contact the Elephant Rooms on 07375468005



The Mens Room

A group just for men who are feeling isolated, stressed or experiencing difficulties to get together and share experiences and coping strategies. Mondays 2-4pm at the Cantelupe Centre, Ilkeston.



Ilkeston Cantelupe gardens group

Tuesdays 10am-12noon at the Cantelupe Centre on Ilkeston Market Place. Providing a social and supportive space whilst tending the centres rear garden area, no experience needed, tea and coffee available every week along with indoor activities provided in winter and when the weather is not suitable to be outside.



Long Eaton Hearts and Minds

A woman's only group that enjoy trips out, providing social support for better mental wellbeing. Meeting every Tuesday from 1pm at various locations. They meet the last Tuesday of the Month 1pm – 4pm at The United Reformed Church in Long Eaton to plan the next month's activities and advise new members wishing to join to do so at this session first.

Contact the group on 0764023740 (only available on Mondays and Tuesdays)



Growing lives: Derventio Charitable Trust

Mentoring support, gardening, furniture recycling, cookery and arts and crafts. People will be signposted to learning and job opportunities and will be taught to produce healthy meals. Physical activity levels will be increased and art activities will provide a therapeutic element. Participants can volunteer for the Talent Match project

Information and resources round support for the mental health of young people.



[How to Register with a GP](#)

[How to register with a GP surgery - NHS \(www.nhs.uk\)](#)



[How to find an NHS Dentist](#)

[How to find an NHS dentist - NHS \(www.nhs.uk\)](#)



[Service and Support for parents and carer's](#)

[Services and support for parents - NHS \(www.nhs.uk\)](#)



[101](#)

[Get help for your symptoms - NHS 111](#)

101



[Healthwatch](#)

Telephone support line for people looking access health or care services

01773 880786

enquiries@healthwatchderbyshire.co.uk

[Home | Healthwatch](#)



[Live Life Better Derbyshire](#)

We offer help on a wide range of topics including stopping smoking, weight management and advice on how to get more active. Find out more about the services we offer.

01629 538200

asch.llbd.info@derbyshire.gov.uk

[Home - Live Life Better Derbyshire](#)



[Erewash Health Partnership](#)

Erewash Health Partnership is a single GP partnership comprising of Adam House, Aitune, Eden, Gladstone House, Littlewick, Moir, West Park and Dr Webb's practices.

[Erewash Health Partnership](#)



Erewash Health
PARTNERSHIP

Staying Active: Erewash

Exercise by referral scheme

The Exercise by Referral scheme is a 12 week exercise program for people with long term health conditions. Sessions are led by a fully qualified exercise professional and are suitable for beginners.

[Exercise by Referral Scheme \(erewash.gov.uk\)](http://erewash.gov.uk)



Live Life Better Derbyshire

We offer help on a wide range of topics including stopping smoking, weight management and advice on how to get more active. Find out more about the services we offer.

[Getting active - Live Life Better Derbyshire](#)



Age UK—Strictly no falling

Various classes delivered throughout Erewash

[Age UK Derby and Derbyshire | Strictly No Falling Classes](#)



Erewash Active Communities

Our team are active members of Community Well-ness Networks across Erewash, where we support and help to drive health and wellbeing outcomes within these areas.

[Active community \(erewash.gov.uk\)](http://erewash.gov.uk)

Erewash Health Partnership— Staying Active Resources

Please find resources below offering advice to improve your wellbeing

[Erewash Health Partnership](#)



Erewash Health
PARTNERSHIP

Domestic Abuse: Erewash

Salcare

Escape is a domestic abuse support service supporting victims of domestic abuse which is open to all genders from all communities.

01773 764562 enquiries@salcare.org.uk

[About Salcare - Salcare](#)



Erewash Borough Council– Domestic Abuse

The information below is for anyone suffering domestic abuse, who needs housing advice within Erewash.

Erewash Borough Council, Town Hall, Wharnccliffe Road, Ilkeston, Derbyshire, DE7 5RP

0115 907 2244

[Domestic Abuse \(erewash.gov.uk\)](http://erewash.gov.uk)



Women's Aid

Use the Tool below to find Domestic Abuse Support Services in the area of Erewash

[Women's Aid Directory - Women's Aid \(womensaid.org.uk\)](#)

women's aid
until women & children are safe

Safer Derbyshire

We work in partnership to make Derbyshire a safe place to live, work and visit. All our priorities are agreed through the Derbyshire Safer Communities Board (SCB).

[Domestic abuse \(saferderbyshire.gov.uk\)](http://saferderbyshire.gov.uk)

 **SaferDerbyshire**
The website for community safety in Derbyshire

Sexual Abuse: Erewash

Derbyshire Constabulary– Support for Rape and Sexual Assault

If you've been raped or sexually assaulted, we're here for you. If you're ready to, you can report rape and sexual assault to us online.

But if you don't want to talk to us, or if you want extra support, there are lots of people who can help.

You're in control, and it's up to you who you talk to and what help you get.

[Support for rape and sexual assault | Derbyshire Constabulary](#)



Sexual Abuse Support– GOV.uk

Whenever it happened to you it is never too late to get support for sexual violence or abuse. A list of [helpline services](#) is available.

If you are in immediate danger, call 999 and ask for the police.

[Sexual abuse support – Support for victims-survivors of sexual abuse](#)



SV2– Supporting Victims of Sexual Abuse

SV2 provides a range of therapy services for adults and children including art therapy for children aged 0-13.

SV2 works with victims/survivors of sexual violence and abuse to Inform, Support, Protect and Empower them.

01773 746115

help@sv2.org.uk

[SV2 - Supporting Victims of Sexual Violence - Home](#)



Horti-Culture: Wash Arts

'Horti-Culture' project will work with people in recovery to deliver creative and horticultural opportunities providing support and enrichment to create positive changes in behaviour.

0115 9301229

www.washarts.co.uk



Phoenix Futures

Our Derbyshire Community Substance Misuse Service operates across four main bases in; Chesterfield, Ripley, Ilkeston and Swadlincote

Erewash House, Station Rd, Ilkeston DE7 5LD

Derbyshire Recovery Partnership | Phoenix Futures
(phoenix-futures.org.uk)



Change, Grow and Live- Erewash

We support young people who are using drugs or alcohol, feel they have a problem and want some help.

01773 303646 to contact the CGL

Derbyshire@cgl.org.uk

[Find a Change Grow Live service near you](#)



Change Grow Live

Rehab4Addiction

With Rehab 4 Addiction, you can say goodbye to waiting for treatment. When you ask us for support, we will arrange treatment for you in Erewash in a matter of days or weeks.

0800 140 4690

Online Enquiry Form- [Form](#)

[Drug & Alcohol Rehab in Erewash - Rehab 4 Addiction](#)



Erewash Children's Centres

[Erewash children's centres | Facebook](#)



Cradles Breastfeeding Group, Ilkeston

To inform, support and empower women to breastfeed their baby as long as they wish.

[Cradles Breastfeeding Group, Ilkeston | Facebook](#)



Long Eaton Breastfeeding support

Long Eaton Breastfeeding Social and Support is a group run for families by local women to give support.

[Long Eaton Breastfeeding Support | Facebook](#)



Home-Start Erewash

A non statutory service offering non judgmental support. We welcome referrals from agencies within the Erewash area, who feel that our support would benefit a family in need.

0115 9304640 office@home-starterewash.co.uk

[Home-Start Erewash | Home-Start UK](#)



Bundles of Hope—Baby Basics

Baby Basics works with Midwives, Health Visitors, Social Workers and Local Charities in Long Eaton and the surrounding area. We provide starter packs for those in need, including vulnerable groups such as teenage mums, families on low income and women fleeing domestic abuse and trafficking.

[Bundles of Hope](#)

[Bundles of Hope and Baby Basics Long Eaton | Long Eaton | Facebook](#)



Derbyshire CGL

Derbyshire CGL Young People's Service offer free and confidential support for under 18's across Derbyshire (excluding Derby City) around drugs and alcohol. We offer brief 1:1 harm reduction interventions, ongoing 1:1 specialist interventions, group work sessions, drop ins, information stalls, outreach, and professional training.

Referrals can be made by anyone via our website, but the young person must consent prior to this. Any enquiries are welcome and you can contact us via email or telephone.

<https://www.changegrowlive.org/young-peoples-service-derbyshire>

derbyshire@cgl.org.uk

01773 303646



Change
Grow
Live

Young People's
Service

Derbyshire

Parkside High @ The POD

17 Summerfields Way, Ilkeston, DE7 9JJ

0115 9301000 info@parksidehigh.co.uk

[Parkside High CIC | Facebook](#)

[Youth Mentoring in Derby & Nottingham | Youth Projects | Parkside High](#)

GIRLS FOOTBALL

Sessions Starting:
Tuesday 2nd May
4:30 - 5:30 (Running for 8 weeks)
Free for ages 8+ at The POD

FREE, FUN FOOTBALL SESSIONS!

The POD 17 Summerfields Way South Ilkeston, Derbyshire DE7 9JJ 0115 9301000
Info: kevin@parksidehigh.co.uk

YOUTHSPORTS

MULTI SPORTS ACTIVITIES REWARDS GAMES

Activity Sessions - Thursdays - 4:30pm - 5:30pm at The POD, 17 Summerfields Way South, Ilkeston DE7 9JJ
Free for Ages 11+

PARKSIDE HIGH info@parksidehigh.co.uk 0115 9301000

STREETSIDE JUNIORS

£4 per session Ages 8+

STARTING WEDNESDAY 15TH MARCH 2023
WHERE: AT THE POD WHEN: 4:15PM - 5:45PM
LEARN NEW SKILLS IN ART, MUSIC, SPORT, LIVE PERFORMANCE & MUCH MORE!

SESSIONS WILL INCLUDE PREPARATION FOR OUR ANNUAL LIVE SHOW - STREETSIDE LIVE! FEATURING MUSIC, ARTS, DANCE AND MORE PERFORMED AT ILKON CONTEMPORARY ARTS - 5th & 6th JULY 2023

ALL STREETSIDE ACTIVITIES FOLLOW NATIONAL YOUTH AGENCY GUIDANCE
Information: info@parksidehigh.co.uk / 0115 930 1000 The POD - 17 Summerfields Way South Ilkeston DE7 9JJ

BOOST!

YOUTH ACTIVITY PROGRAMME STARTING 16TH FEBRUARY 2023

AGES 11+

Youth Activity Sessions at Erewash Valley Gymnastics Club Every Thursday 7PM - 9PM

GYMNASTICS PERSONAL TRAINING VOLLEYBALLS
TABLE TENNIS FREESTYLE CHILL OUT ZONE

FOR ENQUIRIES OR TO BOOK A PLACE PLEASE EMAIL [CHARLOTTE.NOTLEY@EVGC.CO.UK](mailto:charlotte.notley@evgc.co.uk)

Erewash Valley Gymnastics - Club Hallam Fields Road, Ilkeston, Derby, DE7 4AZ

Insight Community Project

insightcic@outlook.com

[Insight - community project | Facebook](#)

[Insight Community Project - Home](#)

The Youth Circuit
Fitness Training

BOYS ONLY SESSIONS
11 - 16 YRS

Sign up @
WWW.INSIGHTCOMMUNITYPROJECT.CO.UK

Equipment sponsored by East Midlands Sport

Long Eaton Youth Club
Community House, 173 Derby Road
NG104LL
Tuesdays
6pm - 8 pm

Insight Community Project

Youth Club

@ Community House, Derby Road, Long Eaton
NG104LL (Opposite The Sportsman pub)

Wednesdays 6-8pm

11-16's

Free sports, arts and activity sessions
Follow us on social media for whats on...

Instagram: [Insight_community_project](#)
Facebook: [Insightcommunityproject](#)
www.insightcommunityproject.co.uk

DERBYSHIRE County Council

Support Through Sport

Info@supportthroughsport.co.uk

BOXING & MULTI SKILLS

Launches 24th Nov

ALWAYS FREE OF CHARGE

AGE 8-18 YEARS

- EVERY THURSDAY
- 6-7PM
- KIRK HALLAM COMMUNITY ACADEMY

For more information:
info@supportthroughsport.co.uk

Derby County Community Trust

Free Youth Sports 10+

Kirk Hallam Games area, Windsor Crescent

Wednesday 17:30—19:00

DERBY COUNTY COMMUNITY TRUST

KIRK HALLAM

MULTI SPORTS

FREE YOUTH SPORTS FOR AGES 10+

Every Wednesday, 5:30pm - 7:00pm
Kirk Hallam Games Area, Windsor Crescent, DE7 4HD

BOOST - is a Multi Agency delivered provision.

Contact charlotte.notley@evgc.co.uk

Monkey Toddler Playgoup

Stay and play sessions for children 0-4.

Fridays—Kirk Hallam Hall



[MONKEY TROUBLE Playgroup | Facebook](#)

Bumps, Babies and Beyond

Bumps, babies & beyond runs on a Friday afternoon at the Kirk Hallam community centre 1pm till 3pm

We offer a safe space for all parents, parents to be, guardians, carers & grandparents to meet new friends, discuss parenting and ask questions without judgement

[Bumps, babies & beyond | Facebook](#)



Petersham Play Pals

A supportive environment for parents and carers.

0-4 years welcome

Alternate Friday mornings and Petersham Hall

09:30—11:00

[petersham play pals | Facebook](#)



Boogie Beat Music and Movement—Enrichinh Communities CIC

Music, movement classes—perfect for babies up to 6 years old

Multiple Sessions across Erewash

Emma 01896 759 024

Enrichingcommunitiescic@gmail.com

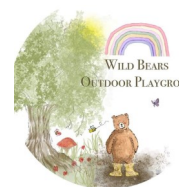
emma@boogiebeat.co.uk



Wild Bears Forest School & Outdoor playgroup

Wild Bears Outdoor Playgroup is based in Kirk Hallam, Ilkeston and adopts the Forest School concept and ethos.

[Wild Bears Forest School & Outdoor Playgroup | Ilkeston | Facebook](#)



Jiminy's Rainbows— Parent and Toddler group

Sawley Baptist Church

Wednesdays 13:00 Thursdays 09:15

07906 771829

boothmanjulie@yahoo.co.uk



[Jiminy's Rainbows - Sawley Parent and Toddler Group | Long Eaton | Facebook](#)

Kickers and Dribblers—Long Eaton

Friendly Stay and Play Session—Long Eaton Childrens Centre.

Thursdays 09:45—11:45

Spaces to be booked via Facebook

[Kickers & Dribblers Parents | Sign up post | Facebook](#)



Oasis Toddler Time

Sessions on Monday, Tuesday, Wednesday, Thursday at 9.15 and 11.15 am. On a Friday we just have one session at 9.15 am.

The sessions are at the Oasis Christian Centre church on Derby Road, Long Eaton, Nottingham, NG10 4LL

Sessions are open to anyone with a child under school age.

[Oasis Christian Centre | Toddlertime \(longeatonoasis.co.uk\)](#)



Derbyshire Adult Community Education

Online directory:

[Derbyshire Adult Community Education Service](#)

[Events | Eventbrite](#)



Courses offering different qualifications and study levels

We offer a range of courses offering different qualifications and study levels, and support and guidance to help you make the right decision.

[Qualifications and skills - Derbyshire County Council](#)



DCC Learning for 14 – 19 Year Olds

Email: 14-19study.programme@derbyshire.gov.uk

[Learning for 14 to 19-year-olds \(derbyshire.gov.uk\)](#)

[Learning for 14 to 19-year-olds - Derbyshire County Council](#)



Build your confidence and gain real skills for work or to help you with further study.

YMCA Derbyshire

0115 944 3226

training@ymcaderbyshire.org.uk

[The Campus – Ilkeston - YMCA Derbyshire](#)



YMCA Key College

Accredited vocational training courses for young people

01332 854649

[YMCA Key College | Accredited vocational training courses for young people](#)



Volunteering: Erewash

Erewash Voluntary Action

Various Volunteer opportunities available.

[Volunteering \(erewashvoluntaryaction.org.uk\)](http://erewashvoluntaryaction.org.uk)

[VOLIFE Erewash – Voluntary opportunities for Erewash \(erewashcvsvolife.com\)](http://erewashcvsvolife.com)

0115 9466740 volunteers@erewashcvs.org.uk



Erewash Borough Council– Get Involved

We are working hard to make Erewash a cleaner place to live but we need your help. Our special teams clear up litter, graffiti and fly-tipping and make sure that those making the mess pay the price.

You can get involved in keeping the borough clean and have fun while making a real difference. There are lots of things you can do:

[Get Involved \(erewash.gov.uk\)](http://erewash.gov.uk)



Erewash Youth and Community Engagement

If your Interested in volunteering in South Derbyshire & South Dales

Please contact South Derbyshire Youth and Community Engagement Worker:

Tel: **07580 466668** to contact Leanne Parry

Email: Leanne.Parry@derbyshire.gov.uk

[Website](#) for more information



Erewash– Home Start Volunteering Opportunities

Home-Start Erewash to be seen as the provider of choice in offering support to parents experiencing difficulties, especially mental health issues, in areas of Derbyshire where need is acute but supply is unavailable.

6 Heanor Rd, Ilkeston DE7 8DX

[Home-Start Erewash - Volunteer](#)

0115 930 4640

