



Dallimore Primary and Nursery  
Long-term overview for PE

	EYFS	KSI Cycle A	KSI Cycle B	LKS2 Cycle A	LKS2 Cycle B	UKS2 Cycle A	UKS2 Cycle B
Autumn 1	Introduction to PE: Unit 1	Ball skills KSI Unit 1	Fundamentals KSI Unit 1	Ball skills Y3/4 Unit 1	Fundamentals Y3/4 Unit 1	Dodgeball Y5/6 Unit 1	Volleyball Y5/6 Unit 1
Autumn 2	Dance EYFS Unit 1	Dance KSI Unit 1	Dance KSI Unit 2	Dance Y3/4 Unit 1	Dance Y3/4 Unit 2	Dance Y5/6 Unit 1	Dance Y5/6 Unit 2
Spring 1	Gymnastics EYFS Unit 1	Gymnastics KSI Unit 1	Gymnastics KSI Unit 2	Gymnastics Y3/4 Unit 1	Gymnastics Y3/4 Unit 2	Gymnastics Y5/6 Unit 1	Gymnastics Y5/6 Unit 2
Spring 2	Ball skills EYFS Unit 1	Invasion KSI Unit 1	Invasion KSI Unit 2	Tennis Y3/4 Unit 1	Outdoor adventurous activity Y3/4 Unit 1	Handball Year 5/6 Unit 1	Tag Rugby Year 5/6 Unit 1
Summer 1	Fundamentals EYFS Unit 1	Athletics KSI Unit 1	Athletics KSI Unit 2	Athletics Y3/4 Unit 1	Athletics Y3/4 Unit 2	Athletics Y5/6 Unit 1	Athletics Y5/6 Unit 2
Summer 2	Games EYFS Unit 1	Striking and fielding KSI Unit 1	Striking and fielding KSI Unit 2	Cricket Y3/4 Unit 1	Rounders Y3/4 Unit 1	Cricket Y5/6 Unit 1	Rounders Y5/6 Unit 1