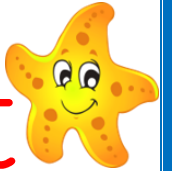




Are you a secret



SUPER-HERO?



Do you help to look
after someone at home?

Do you help with...



...doing the
shopping

...the taking
of medicine

...cooking
and
cleaning

...looking after
a sibling



...bathtime

...someone's
mental health

...someone
using the toilet

If you think this is you, speak to your
Trusted Adult/ put a note in the worry box
or speak to Mrs Crowther